



**American
Red Cross**

Next Generation of
Red Cross Training



American Red Cross Recertification Lifeguard Training 2021

D.W. Wilson Community Center, 501 North Collins Street, Tullahoma, TN 37388

Register onsite by Cash, Check, or Credit Card (*Please make check payable to: City of Tullahoma*)

or Via Phone by Credit Card 931-455-1121

Register ASAP. Classes are limited to 12 participants.

Payment required to register for class.

If you are experiencing financial difficulties, please call Sheila 931-307-9742 to discuss payment options.

The purpose of the American Red Cross Recertification Lifeguard Course is to refresh, demonstrate, and improve on the lifeguard skills that were taught and evaluated in previous lifeguard training.

Pre-Course Requirements: Ability to swim 300 yards (12 pool lengths) continuously using front crawl or breaststroke, tread water for 2 minutes, and retrieve a 10lb brick for a depth of 10 feet.

Prior American Red Cross Lifeguard Training and Certification.

City of Tullahoma Employees \$75

Non-Employees \$100

Includes American Red Cross Fees and Hooded Lifeguard Jacket

You are required to have a Whistle on a Lanyard, Hip Pack and CPR Mask for Class. These items can be purchased for \$10 each at D.W. Wilson Front Desk if yours is lost or damaged.

Last Chance 2021 Session (9 ½ hour class):

Saturday, May 15th

8:00am-6:00pm with 12-12:30 break

After registering at D.W. Wilson Community Center go to the link below, create login (or use previous login), and begin your online work. Please write down and save your username and password. <https://redcrosslearning.com/course/73031950-15c1-11e7-b4e0-51657ecd06af>

Complete all the online sections before your recertification day and forward me (srico@tullahomatan.gov) the email that you receive upon completion. You cannot participate in recertification until I have the email confirmation that you have completed this online work.

Lifeguard Manual Link

https://www.redcross.org/content/dam/redcross/training-services/no-index/LG_PM_digital.pdf

You are required to participate in all skill sessions/drills, activities and scenarios, demonstrate competency in all required skills and scenarios, and pass the final written exam with a minimum grade of 80 percent to successfully complete the course.

Upon successful completion of the course, you will receive an American Red Cross Certificate for the Lifeguarding & First Aid/CPR/AED, valid for 2 years.

Please contact Sheila Rico, Aquatics and Center Coordinator, with any questions or concerns.
Cell Phone: (931) 307-9742 Email: srico@tullahomatan.gov